



**AMERIND Risk**  
*Tribes Protecting Tribes*



2015 Q1  
Issue 1

## TRIBAL WORKERS' COMPENSATION NEWSLETTER



### *A Message From* **Derek Valdo, CEO**

Dear Valued Policy Holder,

Thank you for choosing AMERIND Risk as your trusted workers' compensation provider! We appreciate your confidence in our program to protect your employees.

We understand the importance of your employee safety and getting them back to work for you. Our Tribal Workers' Compensation plan is tailored to your needs. We strive to offer you quality service and be here when you need us. Being a Tribal entity, you encounter very specific needs. AMERIND Risk understands those needs and we are here to serve you.

*Thank you for buying Indian and for supporting, "Tribes Protecting Tribes!"*

As a valued policy holder, we encourage you to take advantage of the exclusive benefits we offer at no added cost. Our safety team can provide you and your employees with workplace safety trainings such as OSHA 10, OSHA 30 and First Aid and CPR. They also assist in developing and implementing safety plans within your workplace. Call us today to inquire about these valuable added services.

In this issue of our quarterly newsletter, we have included important information regarding eye safety for employees. Preparing and educating employees is one way to keep workplace injuries low and your premium costs affordable. By working together, "**Tribes Protecting Tribes**" thrives!

Sincerely,

Derek Valdo, CEO

AMERIND Risk

**Property. Liability. Workers' Compensation.**

### **AMERIND Risk Annual Convention & Tradeshow**

May 12-14, 2015

Talking Stick Resort  
Scottsdale, Arizona

AMERIND Risk will host an event in May of 2015. As a Native American organization working to benefit Indian Country, we will offer you extensive training options and lower travel costs. We encourage you to make your reservations today! This is an exciting opportunity to network with hundreds of Tribal leaders and business professionals as we anticipate over 500 attendees from across Indian Country.

AMERIND Risk was founded 28 years ago by over 400 Tribes to keep money within Indian Country. AMERIND Risk provides property, liability and workers' compensation insurance for Tribes, Tribal governments, Tribal businesses and individual property coverage. It is the only 100% Tribally owned and operated insurance carrier in Indian Country - "**Tribes Protecting Tribes**". This educational forum will feature sessions that include claims, tribal workers' compensation, emergency management and workplace safety issues.

Please join us at the Talking Stick Resort on May 12-14, 2015, in Scottsdale, Arizona.

Visit [AMERINDRisk.org](http://AMERINDRisk.org) for more information.

## Eye Safety on the Job

Eye injuries in the workplace are very common. More than 2,000 people injure their eyes at work each day. About 1 in 10 injuries require one or more missed workdays to recover. Of the total amount of work-related injuries, 10-20% will cause temporary or permanent vision loss.

Experts believe that the right eye protection could have lessened the severity or even prevented 90% of eye injuries in accidents.

### Common Causes of Eye Injuries at Work:

- Flying objects (bits of glass, metal, wood)
- Tools
- Particles
- Chemicals

## Ten ways to help prevent an eye injury in your workplace

**Assess.** Look carefully at plant operations. Inspect all work areas, access routes, and equipment for hazards to eyes. Study eye accident and injury reports. Identify operations and areas that present eye hazards.

**Test.** Uncorrected vision problems can cause accidents. Provide vision testing during routine employee physical exams.

**Protect.** Select protective eye wear that is designed for the specific duty or hazard. Protective eye wear must meet the current standards from the Occupational Safety and Health Act of 1970 and later revisions.



**AMERIND Risk**

*Tribes Protecting Tribes*

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## Ten ways to help prevent an eye injury in your workplace... (Continued)

**Participate.** Create a 100% mandatory program for eye protection in all areas of your operation. A broad program prevents more injuries and is easier to enforce than one that limits eye protection to certain departments, areas, or jobs.

**Fit.** Workers need protective eye wear that fits well and is comfortable. Have eye wear fitted by an eye care professional or someone trained to do this. Provide repairs for eye wear and require each worker to be in charge of his or her own gear.

**Plan for an Emergency.** Set up first-aid procedures for eye injuries. Have eyewash stations that are easy to get to, especially where chemicals are used. Train workers in basic first-aid and identify those with more advanced training.

**Educate.** Conduct ongoing educational programs to create, keep up, and highlight the need for protective eye wear. Add eye

safety to your regular employee training programs and to new employee orientation.

**Support.** Management support is key to having a successful eye safety program. Management can show their support for the program by wearing protective eye wear whenever and wherever needed.

**Review.** Regularly review and update your accident prevention policies. Your goal should be NO eye injuries or accidents!

**Put in Writing.** Once your safety program is created, put it in writing. Display a copy of the policy in work and employee gathering areas. Include a review of the policy in new employee orientation.

**Source:** <http://www.preventblindness.org/ten-ways-prevent-eye-injuries-work>